

STANDING AT THE EDGE OF SELF-DISCOVERY



COLOSSIANS 1:24-29

Introduction: Cody would like to share a 'spoken word,'
"The Sea Always Seems to Put Me at Ease."
—by Being as an Ocean



"The Sea Always Seems To Put Me At Ease"

**You are the topic of every epic we have ever been told
And as I stand on this cliff, the wind whips through me
and I am made bold**

Once again, Your presence creeps into my consciousness

Grace made tangible in this newly anointed place

And I am brought to my clear senses

That none of my perceived failings or disgrace

Has ever touched my being or inheritance

I am whole, I am clean, I am free

And I brought to my knees

Sink in; permeate this weary flesh

Breathe; life as clean and fresh

As the salt-seasoned breeze

Please Father, pull me to my feet

"The Sea Always Seems To Put Me At Ease"

**'Why are you kneeling, my son?
I put strength in that back-bone
Knowing that you would fall
But I promise, you will never taste defeat
You are whole, you are clean, you are free
Get up, rise from your knees!'**

**We can no longer linger in the shadows of our
shame and brokenness**

**For as sure as the wind blows
He has already redeemed all of this
Live as whole, live as clean, live as free
Everything you were made to be
Standing at the edge of self-discovery**

"The Sea Always Seems To Put Me At Ease"

Tired and weary

Our body trembles, buckles

We are afraid of being hurt again

Been stabbed in the back by our own friends

We don't know if we can mend

Minds riddled with unsuccessful recoveries

We're scared

Lord, we're terrified

But dive in we must

"The Sea Always Seems To Put Me At Ease"

Cause there has to be something better than this

For we see testimony of You in the sea

Your creation, all of nature

So with a sudden rush

We abandon our solitary perching place

And as we wash away the mourning dust

Immersed; we see Your face

-by Being as an Ocean

I. The apostle Paul discovers and shares his role in Christ (Colossians 1:24-26).



- **How does our culture strive for self-discovery?**
- **How does Paul realize and then live in the only real way that discovers self?**

II. The mystery revealed to all believers now supplies the hope of glory (Colossians 1:27).



- **How does living for Jesus discover and bless self, better than all our human attempts?**

- **What does “Christ in you, the hope of glory” look like in action?**

III. Our 'self-discovery' is realized as we proclaim Him with our lives (1:28).



- **Why does 'proclaiming Him' involve more than just our words?**
- **How do we continue our task to bring others who are mature in Christ?**

IV. We live, as we struggle and toil by the strength of His energy in us (Colossians 1:29).



- **What do we need to let go of, to better labor with Jesus' energy?**

- **With what must we fill our days, if we want to labor with His energy?**

V. For the Christian, self-discovery is all about living for Jesus (Colossians 1:28-29).



- **What is the underlying problem with all our attempts at self-help & self-discovery?**
- **What will happen to 'self' when Christ powerfully works within us?**

**Call to Action: To surrender
self to become the Christ-
empowered hope of glory.**



- **What focus will help us better discover our purpose and worth?**
- **How are we living out 'Christ in you, the hope of glory'?**
- **How is your example proclaiming Christ?**
- **How fully are you living in the power of Christ?**
- **How are you going to more fully live for Jesus this week?**

-How can we help?