

Connection

Have you ever had a friend  
who gave bad advice?

Family

Hobbies

Friends

Beliefs

This is You

Career/School/Retirement

Social Life

Miscellaneous?

Health

# Jesus Calls Us to Connect...

“But **exhort one another** every day, as long as it is called “today,” that none of you may be hardened by the deceitfulness of sin.” ~Hebrews 3:13 ESV

“For where **two or three** are gathered in my name, there am I among them.”  
~Matthew 18:20 ESV

“And let us consider how to stir up **one another** to love and good works...”  
~Hebrews 10:24 ESV

Let's Talk About Bruce Alexander...

# Let's Talk About Bruce Alexander...

Canadian psychologist who experimented with rats and drug use...

## Rat Park Experiment?

Original studies held individual rats, completely isolated, and would starve them for 24 hours before giving them a choice of pure, clean water or heroin-laced water.

Almost **every** time the isolated rat preferred the drug-laced water and would prefer it over clean, pure water.

# Let's Talk About Bruce Alexander...

Dr. Alexander built a city for rats!

Rats were placed in large living areas with both males and females

They had cans, toys, tunnels, plenty of food, and entertainment!

**BUT**...the rats had a choice of clean, pure water or heroin-laced water!

This time the rats that tried the drugged water **NEVER** preferred it and **NEVER** went back for seconds when they lived in a connected environment!

What is God's Will for **Your** Life?



Jesus sought out his friends when in need...

And he took with him Peter and James and John,  
and **began to be greatly distressed and troubled.**

~ Mark 14:33 ESV

“I no longer call you servants, because a servant **does not know** his master’s business. Instead, I have called you friends, for everything that I learned from my Father I have **made known to you...**”

~ John 15:15

“The fruit of the spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control; **against** such things there is **no law**.

~ Galatians 5:22-23

So...What is God's Will for **Your** Life?

“Therefore let us **leave** the elementary doctrine of Christ and go on to maturity, **not laying** again a foundation of repentance from dead works and of faith toward God...”

~Hebrews 6:1 ESV

So...What is God's Will for **Your** Life?

“For while bodily training is of some value, godliness is of value in **every way**, as it holds promise for the **present** life and also for the life to come.

~1 Timothy 4:8 ESV

Challenge: Are You Willing to Change  
Anything About **Your** Life?